

**CURRICULUM VITAE**  
**Sara K. Bressi, Ph.D., L.S.W.**

**Bryn Mawr College**  
**Graduate School of Social Work and Social Research**  
**300 Airdale Road**  
**Bryn Mawr, PA 19010**  
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**ACADEMIC APPOINTMENTS**

**Associate Professor, 2012 to Present**

Bryn Mawr College, Graduate School of Social Work and Social Research, Bryn Mawr, PA

**Assistant Professor, 2006-2012**

Bryn Mawr College, Graduate School of Social Work and Social Research, Bryn Mawr, PA

**EDUCATION**

**Ph.D. in Social Welfare, 2006**

University of Pennsylvania, School of Social Policy and Practice, Philadelphia, PA

**M.S.W., 2001**

University of Pennsylvania, School of Social Policy and Practice, Philadelphia, PA

**B.S. in Psychology, B.A. in Biology, 1998**

Emory University, Atlanta, Georgia

Magna Cum Laud Graduate in Psychology

**AWARDS AND GRANTS**

**Curriculum Development Award, Substance Abuse and Mental Health Services Administration (SAMHSA) as part of the Behavioral Health and Child Development Initiative, 2017-2019**

**Faculty Research Fund Award, Bryn Mawr College, 2014-2015**

**Clowes Assistant Professorship in Science and Public Policy, Bryn Mawr College, 2009-2012**

Recognizes an outstanding scholar who is engaged in important interdisciplinary teaching and research that is at the intersection of science and public life. Provides \$3,000 per year for three years for research and travel expenses.

**National Research Service Award, Principal Investigator, National Institute of Mental Health, 2003-2006**

This award from the National Institute of Mental Health is a competitive peer-reviewed grant that funds an original research project conceptualized and implemented by the grantee, as well as doctoral level training for a student pursuing a career in mental health services research.

### **ADVANCED CLINICAL TRAINING**

Institute for Relational Psychoanalysis of Philadelphia, Graduate of the Psychoanalytic Training Program, 2015-2021

Psychoanalytic Center of Philadelphia, Adult Psychotherapy Training Program, 2006-2008

### **CLINICAL POSITIONS**

- 2018-2019     **Clinical Research Consultant**  
                   Center for Families, Malvern, PA  
                   Examining the effectiveness of treatment model for adolescents with co-morbid substance abuse and mental health disorders
- 2008-Present **Psychotherapist**  
                   Private Practice, Rosemont, PA  
                   Provide relational psychotherapy and psychoanalysis to adolescents and adults
- 2006-2010    **Outpatient Therapist**  
                   Northwestern Human Services, Lansdale, PA
- 2003-2005    **Social Worker**  
                   Vitas Hospice, Blue Bell, PA
- 2001           **Social Worker**  
                   Medical College of Pennsylvania Hospital, Philadelphia, PA

### **LICENSURE**

Licensed Social Worker in Pennsylvania since 2001 (#SW123682)

### **COURSES TAUGHT AT BRYN MAWR COLLEGE**

#### **Current Courses in M.S.S. Program**

Clinical Social Work Practice I and II  
 Theoretical Perspectives for Social Work Practice  
 Assessment and Psychopathology Across the Life Span

#### **Current Courses in the Ph.D. Program**

Social Work Research Methods II (*Planned for Spring 2022*)

## Past Courses in the M.S.S. Program

Foundation Practice I and II (2006-2020)  
 Relational Perspectives on Treating Vulnerable Populations (2018)  
 Integrated Health Care in Social Work Practice (2017)  
 Adult Development and Aging (Elective, Part of 2014 360 entitled *Identity Matters*) (2006-2016)<sup>1</sup>  
 Integrative Practice for Advanced Standing Students (2007 thru 2017)  
 Research Informed Practice I (2007, 2012)

## PUBLICATIONS

### Articles in Peer-reviewed Journals

- Petros, R., Tuohy, M.K., Bressi, S., Kerrick, G. & Solomon, P. (2021) Measuring community integration: Development and psychometrics of the community connections and engagement scale. *Administration and Policy in Mental Health and Mental Health Services Research* 48: 619-632, <https://doi.org/10.1007/s10488-020-01095-2>
- Wampole, D. and Bressi, S.K. (2020) Exploring a social work lead mindfulness-based intervention to address burnout among inpatient psychiatric nurses. *Social Work in Health Care*, 59 (8): 615-630, <https://doi.org/10.1080/00981389.2020.1827123>
- Hutchison, C. and Bressi, S.K. (2020) Social work and psychedelic-assisted therapies: Practice considerations for breakthrough treatments. *Clinical Social Work Journal*, <https://doi.org/10.1007/s10615-019-00743-x>
- Wampole, D. and Bressi, S.K. (2019) Exploring strategies for promoting trauma-informed care and reducing burnout in acute care psychiatric nursing. *Journal of Nursing Education and Practice*, 9 (5), 110-117, <https://doi.org/10.5430/jnep.v9n5p110>
- Hutchison, C. and Bressi, S.K. (2018) MDMA-assisted psychotherapy for PTSD: Implications for social work practice and research. *Clinical Social Work Journal*, 48:421–430 <https://doi.org/10.1007/s10615-018-0676-3>
- Bressi, S.K. & Vaden, E. (2017) Reconsidering self care. *Clinical Social Work Journal*, 45: 33-38 <https://doi.org/10.1007/s10615-016-0575-4>
- Bressi, S. (2017) Unfreezing Disney's© Snow Queen: Consolation through vulnerability in a modern fairy tale. *Other/Wise: Journal of International Forum for Psychoanalytic Education*, Volume 2, Winter Edition. <https://ifpe.wordpress.com/2017/03/30/unfreezing-disneys-snow-queen-consolation-through-vulnerability-in-a-modern-fairy-tale/>

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<sup>1</sup> This course in 2009 was co-taught with Dr. Anjali Thapar, Full Professor in the Department of Psychology. Each semester the course is offered, it is open for enrollment by undergraduate students.

- Hanrahan, N., Bressi, S., Marcus, S., and Solomon, P. (2016) Examining the impact of comorbid serious mental illness on rehospitalization for medical and surgical inpatients. *General Hospital Psychiatry*, 42: 36-40 <https://doi.org/10.1016/j.genhosppsy.2016.06.002>
- Labrum, T., Solomon, P. & Bressi, S. (2015) Physical, financial, and psychological abuse committed against older women by relatives with psychiatric disorders: Extent of the problem. *Journal of Elder Abuse and Neglect*, 27: 377-391 <https://doi.org/10.1080/08946566.2015.1092902>
- Nath, S.B.<sup>2</sup>, Alexander, L.B., & Solomon, P.L. (2012) Case managers' perspectives on the therapeutic alliance: A qualitative study. *Social Psychiatry and Psychiatric Epidemiology*, 47:1819-1826 <https://doi.org/10.1007/s00127-012-0483-z>
- Nath, S.B. & Marcus, S.C. (2012) Impact of psychotic disorders on discharge dispositions of adults 65 or older after a general medical inpatient stay. *Psychiatric Services*, 63: 333-337 <https://doi.org/10.1176/appi.ps.201100332>
- Nath, S.B., Wong, Y.L., Marcus, S.C., & Solomon, P.L. (2012) Predictors of health services utilization among persons with psychiatric disabilities engaged in supported independent housing. *Psychiatric Rehabilitation Journal*, 35: 315-323 <https://doi.org/10.2975/35.4.2012.315.323>
- Cullen, S.W., Nath, S.B., & Marcus, S.C. (2010) Toward understanding errors in inpatient psychiatry: A qualitative analysis. *Psychiatric Quarterly*, 81: 197-205 <https://doi.org/10.1007/s11126-010-9129-z>
- Nath, S.B., Hirschman, K., Lewis, B., & Strumpf, N. (2008) A place called L.I.F.E.: Reframing advance care planning for African-American PACE enrollees. *Social Work in Health Care*, 47 (3): 277-292 <https://doi.org/10.1080/00981380801985432>
- Wong, Y.L., Nath, S.B., Solomon, P.L. (2007) Group and organizational involvement among persons with psychiatric disabilities in supported housing. *Journal of Behavioral Health Services and Research*, 34(2): 151-167 <https://doi.org/10.1007/s11414-007-9052-8>
- Nath, S.B. & Marcus, S.C. (2006) Medical errors in psychiatry. *Harvard Review of Psychiatry*, 14(4) :204-211 <https://doi.org/10.1080/10673220600889272>
- Nath, S.B., Marcus, S.C., & Druss, B.G. (2006) Retractions in the research literature: Misconduct or mistakes? *Medical Journal of Australia*, 185 (3): 152-154 <https://doi.org/10.5694/j.1326-5377.2006.tb00504.x>

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<sup>2</sup> Prior surname

Bressi, S., Marcus, S.C., & Solomon, P. (2006) The impact of psychiatric comorbidity on general hospital length of stay. *Psychiatric Quarterly*, 77(3): 203-209  
<https://doi.org/10.1007/s11126-006-9007-x>

DiFranco, E., Bressi, S., & Salzer, M. (2006) Consumer-informed health communication efforts in psychiatric rehabilitation. *Psychiatric Rehabilitation Journal*, 29 (4): 251-257 <https://doi.org/10.2975/29.2006.251.257>

### **Book Chapter (s)**

Sousa, C. and Bressi, S.K. (In Press) “They don’t see anything but this kind of treatment:” Loss and reclamation of Palestinian childhood through the eyes of mothers. In H. Morrison (Ed.), *Palestinian Children: Targets of Settler Colonialism, Agents of National Struggle*, Children, Youth, and War Series. Athens, GA: The University of Georgia Press.

Nath, S.B. (2013) Best practices for improving the health of persons with serious mental illness and co-morbid physical health conditions In V. Vandiver (Ed.) *Best Practices in Mental Health: A Pocket Guide*. Chicago, IL: Lyceum Books

### **Commentary**

Nath, S.B. (2008) Commentary: Short stay hospitalizations do not increase readmissions compared with long stay. *Evidence-based Mental Health*, 11: 124

### **Book Reviews**

Nath, S.B. (2008) Medicare: A policy primer. *Social Work in Health Care*, 46 (2): 92-94

Bressi, S.K. (2005) Social work research and evaluation: Quantitative and qualitative approaches. *Psychiatric Rehabilitation Journal*, 29 (1): 83-84

## **PEER-REVIEWED CONFERENCE PRESENTATIONS**

### **Conference Presentations**

Bogue, B. & Bressi, S.K. (Accepted) White clinicians navigating internal bias within way of being. Submitted to the Council on Social Work Education Annual Program Meeting, *November 2021*

Shapiro, J. & Bressi, S. (2020) Integrative pedagogy: Faculty collaboration in the design of a trauma-informed curriculum. Presented at the *Council on Social Work Education Annual Program Meeting, November 2020*.

Dennelly, L. & Bressi, S.K. (2020) Understanding the relational implications of treating complex patients in integrated primary care settings. Poster presented at the *Collaborative Family Healthcare Association’s Annual Conference, October 2020*

- Dennelly, L. & Bressi, S.K. (2019) Promoting trauma-informed primary care: The role of social work in physician education. Poster presented at the *American Public Health Association Annual Meeting, Philadelphia, PA, November 2019*
- Wampole, D. & Bressi, S.K. (2019) Exploring a mindfulness-based social work lead intervention to address burnout among inpatient psychiatric nurses. Poster presented at the *9<sup>th</sup> International Conference on Social in Health and Mental Health, York, UK, July 2019*
- Bressi, S.K. (2019) Tunnel visions: Resonance and its discontents. Paper presented at the annual meeting of *Division 39 of the American Psychological Association, Philadelphia, PA, April, 2019*
- Bressi, S. & Shapiro, J. (2018) Teaching self care in social work education. Paper to be presented at the *Annual Program Meeting of the Council on Social Work Education, Orlando, FL, November 2018*
- Bressi, S. & Hanrahan, N. (2015) Readmission among older medical and surgical inpatients: The impact of serious mental illness. Poster presented the *Gerontological Society of America Annual Scientific Meeting, Orlando, FL, 2015*
- Labrum, T., Bressi, S., & Solomon, P. (2015) Socio-ecological factors associated with violence among persons with serious mental illness towards elders. Poster presented at the *Gerontological Society of America Annual Conference, Orlando, FL, 2015*
- Bressi, S. (2015) Breaking the ice: Vulnerability and developmental crises in Disney's Snow Queen. Presented at the *International Forum for Psychoanalytic Education 26<sup>th</sup> Annual Interdisciplinary Conference, Philadelphia, November, 2015*
- Bressi, S. (2015) Lessons for the aging: The tensions between being, becoming, and belonging. Presented at the *Society for Disability Studies Annual Conference, Atlanta, GA, June, 2015*
- Nath, S.B. & Marcus, S.C. (2011) Assessing the impact of serious mental illness on the discharge disposition following a general medical stay. Presented at the *15<sup>th</sup> Annual Society for Social Work and Research Conference, Tampa, FL, January 2011*
- Nath, S.B. & Coulter, J. (2010) The impact of serious mental illness on the discharge disposition of older adults following a general medical hospitalization. Presented at the *63<sup>rd</sup> Annual Scientific Meeting of the Gerontological Society of America, New Orleans, LA, November 2010*
- Nath, S.B., Nath, S.R., & Gibfried, D. (2010) Wisdom in the supervisory hour: Clinical supervision and non-traditional students. Presented at the *6<sup>th</sup> Annual International Interdisciplinary Conference on Clinical Supervision, Garden City, NY, July 2010*

- Solomon, P.L., Alexander, L.A., & Nath, S.B. (2009) Voices of case managers: What do clients find helpful, unhelpful, and want in the client/case manager relationship? Presented at the *13<sup>th</sup> Annual Society for Social Work and Research Conference, New Orleans, LA, January 2009*
- Nath, S.B., Wong, Y.L., & Solomon, P. (2008) Utilization of medical care by persons with severe mental illness: A qualitative analysis. Presented at the *12<sup>th</sup> Annual Society for Social Work and Research Conference, Washington, D.C., January 2008*
- Bressi, S.K., Wong, Y.L., Solomon, P., & Marcus, S.C. (2006) Medical care of persons with serious mental illness. Presented at the *10<sup>th</sup> Annual Society for Social Work and Research Conference, San Antonio, Texas, January 2006*
- Druss B.G., Bressi, S.K. and Marcus SC. (2005) Retractions in the research literature: Misconduct or mistakes? Presented at the *Fifth International Congress on Peer Review and Biomedical Publication sponsored by the JAMA and BMJ Publishing Group, Chicago, IL*
- Marcus, S.C. & Bressi, S.K. (2005) Medical errors in inpatient psychiatry: A qualitative study. Presented at the *Annual Conference of Eastern Evaluation Research Society, Absecon, NJ*
- Bressi, S.K. & Lewis, B. (2005) Exploring the needs of African-American frail elders at the end of life. Presented at the *9<sup>th</sup> Annual Society for Social Work Research Conference, Miami, FL*
- Bressi, S.K. (2004) Conceptualizing and measuring the quality of life of persons with serious mental illness Presented at the *International Society for Quality of Life Studies Annual Conference, Philadelphia, PA*
- Bressi, S.K. & Marcus, S. (2004) The impact of psychiatric comorbidity on outcomes of hospitalization. Presented at the *Complexities of Co-occurring Conditions Conference of the National Institute of Mental Health, Washington D.C.*
- Wong, Y.L., Bressi, S.K., Tennille, J. (2004) Improving the content validity of group membership scale with persons with serious mental illness. Presented at the *8<sup>th</sup> Annual Society for Social Work Research Conference, New Orleans, LA*
- Wong, Y.L., Bressi, S.K. & Tennille, J. (2003). Adapting measures of program characteristics for persons with serious mental illness in supported independent housing. Presented at the *7th Annual Society for Social Work Research Conference in Washington, D.C.*

**OTHER SELECT SERVICE TO THE PROFESSION, INVITED PRESENTATIONS AND TRAININGS**

- November, 2019      Lead Organizer, *Play for a Change: Therapeutic Action in Contemporary Child Psychotherapy Conference, Bryn Mawr College, November 8<sup>th</sup> and 9<sup>th</sup>, 2020*
- April, 2019          Invited Panel Chair for *Feet on the Ground: Leading the Way for Community Psychoanalysis* featuring Ghislaine Boulanger, PhD, NYU Postdoctoral Program; Jordan J. Dunn, MA, New School for Social Research; Almas (Ally) Merchant, PhD, Brightpoint Health
- April, 2019          Steering Committee Member for the Annual Meeting of Division 39 of the American Psychological Association, Philadelphia, PA
- March, 2019          Invited Panel Chair for *Bryn Mawr Clinical Colloquium: Caring for Clients Using Opioids: Beyond the Recovery/Harm Reduction Binary.*
- March, 2016          *Relational Approaches with Youth*  
Continuing Education Series on Adolescent Mental Health for Bryn Mawr's Graduate School of Social Work and Social Research Professional Development Series
- February, 2016      *Advancing Your Career in Human Services: Taking the Next Step*  
Continuing Education Course for Bryn Mawr College's Graduate School of Social Work and Social Research Professional Development Series
- November, 2015  
December, 2016  
December, 2017      *Developing Your Staff: How to Get Your Front Line Staff to Think, Feel, and Act Like Social Workers*  
Continuing Education Course for Bryn Mawr College's Graduate School of Social Work and Social Research Professional Development Series
- June 2015            *Depression and Older Adults* for Pennswood Village Retirement Community
- April 2015            *Separate while Connected: Professional Boundaries in Working with Vulnerable Persons* for Comhar, Inc. Professional Development Series
- November 2014      *Becoming a Princess: Development Crises and Gender Construction in Media and Marketing to Young Girls* for Bryn Mawr's Graduate School of Social Work and Social Research Professional Development Series
- Jan-Feb 2012  
Jan-Feb 2013        Co-Instructor: *Certificate Program in Psychodynamic Psychotherapy*,  
Continuing Education Course for Bryn Mawr College's Graduate School of Social Work and Social Research Professional Development Series



- Oct-Dec 2011      Lead Instructor: *Certificate Program in Psychoanalytic Psychology*,  
Continuing Education Course for Bryn Mawr College's Graduate School  
of Social Work and Social Research Professional Development Series
- April 2010        *Understanding Behavioral Health Issues Among Community-dwelling  
Older Adults*, for the Delaware Psychological Association, Wilmington,  
DE
- December 2008    *Understanding Behavioral Health Issues among Community-dwelling  
Older Adults*, for Mercy Life, Philadelphia, PA
- November 16<sup>th</sup>, 2007 *Facing forward: Advance Care Planning among Frail Elders*, for Bryn  
Mawr's Graduate School of Social Work and Social Research Professional  
Development Series

### **PEER REVIEWER**

Disability and Rehabilitation  
Journal of Behavioral Health Services and Research  
Journal of Gerontological Social Work  
Journal of Palliative Medicine  
Journal of Nervous and Mental Disease  
Psychiatric Services  
Social Work in Mental Health  
Journal of the Society for Social Work and Research  
Journal of Technology in Human Services  
Journal of Psychosocial Rehabilitation and Mental Health

### **PROFESSIONAL MEMBERSHIPS**

Council on Social Work Education  
National Association of Social Workers  
Philadelphia Society for Psychoanalytic Psychology  
Division 39 of the American Psychological Association

### **ACTIVITIES AND SERVICE**

#### **Service to the Graduate School of Social Work and Social Research**

##### ***Teaching Group Convening and Standing Committees***

Convener of Foundation Practice Teaching Group (2012-Present)  
Convener of Theoretical Perspectives in Social Work (2006-2009, 2018-Present)  
AB/MSS Program Faculty Representative (2019 to Present)  
Faculty Convener and Chair of Policy Committee (2017-2021)  
Policy Committee (2008-2010, 2015-2017)  
Field Advisory Committee (2013-Present)

Faculty Representative to the Admissions Advisory Committee (2014-2018)  
Curriculum Committee (2010-2012)

### ***Faculty and Staff Searches***

Assistant Director of Field Education Search Committee (2021)  
Faculty Position Search Committee Member (2020-2021)  
Faculty Position Search Committee Member (2019-2020)  
Faculty Position Search Committee Member (2018-2019)  
Foundation Faculty Position Search Committee Member (2017-2018)  
Interim Foundation and Clinical Faculty Position Search Committee Member (2017-2018)  
Co-Chair, Interim Foundation Practice Faculty Search (2013)

### ***Ad hoc Tasks and Committees***

Pandemic Planning Group (Spring/Summer 2020)  
Trauma-informed Social Work Course Working Group (2018-2019)  
Dean's Strategic Planning Oversight Committee (2015-Present)  
Capital Campaign Committee (2015-2017)  
Co-Chair, AB/MSS Pilot Planning Group (2012-2018)  
Internal Assessment Group for CSWE Self Study (Summer 2014)  
Chair, Field Education Director Search (2013)  
Faculty Representative for Advanced Standing Admissions (2008-2014)  
Faculty Representative to the Centennial Campaign Committee (2013)  
Special Committee: GSSWSR Messaging Task Force (2009)

### **Service to the College**

#### ***Standing Committees***

Elected Member to the Committee on Appointments (2018-Present) (Chair, 2020-2021)  
Elected Member to the Nominations Committee (2015-2018) (Co-chair, 2017-2018)

#### ***College Faculty Searches***

Member Psychology Department Search (2014)  
Diversity Representative to Anthropology Department Search (2013)

#### ***Ad hoc Tasks and Committees***

Board Task Force on Health Services (2014-2015)  
Committee on Appointments Faculty Retreat Planning Committee (2010)  
Faculty Workload Working Group (2010)  
Faculty Advisor for Praxis III Project (2008, Katharine Penzo, Jennifer Acosta, 2014, Natalie DiFrank, 2015, Maeve Malloy, Meredith Sisson, 2017)  
Faculty Advisor to Active Minds (2006-2008)  
Provost's Faculty Retreat Planning Committee (2007)

**Undergraduate Theses Supervision**

Elizabeth Vandenburg, International Studies (2016)

Jessica Coulter, Psychology (2008-2009)

**DOCTORAL COMMITTEE MEMBERSHIP**

Jillian Neil, Outside Chair, Psychology Department, Successfully Defended Dissertation 2016

Lindsey Dever, Outside Chair, Psychology Department, Successfully Defended Dissertation 2016

Kristine Hitchins, Committee Member, Successfully Defended Dissertation 2011

Michael Pfeiffer, Committee Member, Successfully Defended Dissertation 2016

Jessica Lee, Committee Member, Successfully Defended Dissertation 2016

Jillian Graves, Committee Member, Successfully Defended Dissertation 2016

Stacey Green, Committee Member, Successfully Defended Dissertation 2017

Rebecca Laster, Chair, Successfully Defended Dissertation 2018

Amy Stein, Committee Member, Achieved Candidacy 2019

Briana Bogue, Chair, Achieved Candidacy 2019

Lauren Dannelly, Chair, Achieved Candidacy 2019

Megan McCoy, Committee Member, Successfully Defended Dissertation 2021