ERDMAN DINING HALL

Saturday 9/7

Sunday 9/8

Monday 9/9

Tuesday 9/10

Wednesday 9/11

Thursday 9/12

AT BRYN MAWR COLLEGE Friday 9/13

DINING SERVICES

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*= VEGETARIAN

V = VEGAN

 Δ = PREPARED WHEAT FREE

BREAKFAST

Oatmeal V Overnight Oats: Mango V Choc Almond Coffee Cake^{*} Choc Almond Coffee Cake*
Berry Pancakes*

Tater Tots Turkey Bacon Δ
Breakfast Sausage ΔV
Hard Cooked Eggs Δ*
Scrambled Eggs Δ*
Assorted Bagels*
Doughnuts*
Yogurt Bar
Omelet Bar **BREAKFAST**

Oatmeal V Overnight Oats : Dried Fruit* Chocolate Chip Muffins* Shredded Potatoes ΔV French Toast * Hickory Smoked Bacon Δ Breakfast Sausage ΔV Hard Cooked Eggs Δ^* Scrambled Eggs Δ^* Assorted Bagels* • Doughnuts* Assorted Bagels* • Doughnuts* Yogurt Bar • Omelet Bar

BREAKFAST

Oatmeal V Overnight Oats: Chocolate Fudge V Chocolate Chip Loaf* Diced Potatoes Pancakes* Yogurt Bar • Omelet Bar **BREAKFAST**

Oatmeal V Overnight Oats:
Pumpkin Pie V
Monkey Muffins*
Hickory Smoked Bacon Δ
Home Fried Potatoes VΔ French Toast Sticks* Breakfast Sausage ΔV
Hard Cooked Eggs Δ*
Scrambled Eggs Δ*
Assorted Bagels • Doughnuts* Yogurt Bar • Omelet Bar

BREAKFAST

Oatmeal V
Overnight Oats
with Dried Fruit *
Chocolate Almond
Coffee Cake*
Shredded Potatoes ΔV Chocolate Chip Pancakes*
Breakfast Sausage $V\Delta$ Pork Sausage Δ Hard Cooked Eggs Δ^* Scrambled Eggs Δ^* Assorted Bagels • Doughnuts* Yogurt Bar • Omelet Bar

BRUNCH

Oatmeal V

Pancakes*

Hard Cooked Eggs Δ*
Fiesta Scrambled Eggs Δ*
Chocolate Chip Loaf*

Buttermilk Biscuits*

Hash Brown Patties

Turkey Bacon ∆ Omelet Bar

Yogurt Bar Assorted Bagels*

Doughnuts* Breakfast Sausage V∆

Pork Sausage Links A

Congee **AV**

Crepe Bar

BRUNCH

Oatmeal V

French Toast* Hard Cooked Eggs Δ*

Scrambled Eggs with Kale & Mozzarella Δ*

Chocolate Chip Muffins*

Buttermilk Biscuits*

Shredded Potatoes AV

Hickory Smoked Bacon A

Turkey Sausage A

Congee $\Delta \nabla$

Omelet • Yogurt Bar Assorted Bagels*

Doughnuts*

Sausage Gravy

Waffle Bar

Breakfast Sausage VA

LUNCH

Turkey Noodle Vegetable Soup Butternut Squash Soup *∆ Peppercorn Parmesan Chicken Sandwich Black Bean Burger *

Penne with Tomato & Basil V French Fries

Steamed Leaf Spinach VA
White Beans & Vegetables VA
Brown Rice VA Cheese Pizza* • Alpine Pizza*

Deli • Salad Bar Kale, Quinoa & Edamame Vegetable Salad ΔV Selection of Cookies*

GREEN GODDESS SANDWICH BROCCOLI SALAD SUPREME SUN CHIPS

Strawberry Shortcake Parfait *

LUNCH

Beyond Burger V

Lemony Pasta V Grilled Chicken Breast Δ

Fresh Seasoned Broccoli VA

Braised Black Beans VA

Brown Rice VA

Cheese Pizza * • Taco Pizza Belgian Endive with Almonds*

Deli Bar • Salad Bar

Magic Cookie Bars*

Snickers Parfait

Fresh to Go

EASTERN EUROPEAN TURKEY CLUB GERMAN POTATO SALAD

POTATO CHIPS

Hearty Beef Vegetable Soup Δ
Black Bean, Sweet Potato
& Quinoa Soup VΔ
Chicken Fillet Sandwich

Chicken Escarole Soup Autumn Vegetable Soup VA Hot Dog Bar Kale Burger V Edamame, Tofu & Fresh Vegetable Stir-Fry VΔ

Crinkle Cut French Fries Fresh Sautéed Kale VA

LUNCH

Pinto Beans VA Brown Rice VA Cheese Pizza*

Pesto Trapanese Pizza* Deli Bar • Salad Bar Roasted Balsamic Beet Salad VA

Selection of Cookies* Chocolate Oreo Mousse Parfait*

Fresh to Go! JALAPENO BBQ BEEF SANDWICH CREAMY COLE SLAW COOL RANCH DORITOS

LUNCH

Smoked Gouda Broccoli Soup*
Maryland Crab Soup △
Chipotle Chicken Quesadilla

Ratatouille Pasta VA

Impossible Italian Sausage

with Peppers & Onions V Roasted Red Potatoes VΔ Petite Spring Peas & Brunoise Carrots VΔ

Navy Beans VA

Brown Rice VA

Cheese Pizza* Asian Pizza

Deli Bar • Salad Bar

Tortellini Salad

Rocky Road Brownies*

Cannoli Parfait*

with Avocado & Feta*

LUNCH

Beef Stuffed Pepper Soup Δ Leek & Lentil Soup VΔ Buffalo Style Chicken Wings with Bleu Cheese & Celery Grilled Chicken Breast Δ "Chicken" Nuggets V
Rigatoni Ponza*
Friday Fries
Fresh Seasoned Vegetables $V\Delta$ Kidney Beans with Herbs $V\Delta$ Brown Rice VA

Cheese Pizza* Focaccia Pizza Caesar Salad Deli Bar • Salad Bar Selection of Cookies* Brownie Bombe Parfait*

Fresh to Go!
CHICKPEA SALAD SANDWICH
BARLEY CORN SALAD
PRETZELS

DINNER

DINNER

South Philly Italian Roast Pork Sandwich **Breaded Chicken Sandwich** Sauteed Broccoli Rabe VA Roasted Red Peppers VA Fried Long Hot Peppers VΔ Provolone Cheese *Δ Roasted Potato, Artichokes, Mushrooms & Olives VΔ Tomato Caprese Sheet Pan Pasta* Roasted Italian Vegetables V Marinara VΔ Pesto Sauce*

Farfalle V

Garlic Breadsticks*

Italian Lemon Cream Cake*

DINNER

Brisket with Wild Mushroom Blend Demi-Glaze Pan-Seared Sweet Potato with Tempeh $V\Delta$ Pierogies with Peppers & Onions* Grilled Chicken Breast Δ Baked Potato VA Candied Carrots VA Fresh Mixed Vegetables VΔ Beans & Rice VΔ Marinara VA Bolognese Δ Farfalle V Dinner Rolls*

Sundae Bar

DINNER

Tofu Stir Fry VA Chicken Teriyaki A Panko Crusted Salmon with tonkatsu White Rice VA Spicy Szechuan Noodles V Roasted Sesame Broccoli VA Sugar Snap Peas VΔ White Beans & Mushrooms ΔV Marinara V

Sundried Tomato Sauce A* Farfalle V Sesame Rolls **Dutch Apple Pie***

DINNER

& Mango Salsa Δ Cuban Sandwich Grilled Tuna with Mojo Δ Cuban Black Beans V Δ Brown Rice VA Fresh Fried Plantains Flame Roasted Mediterranean Vegetables VA Marinara AV Sausage Marinara A Spaghetti V Garlic Breadsticks*

Carrot Cake*

DINNER

Pulled Jackfruit Sandwich with Bourbon BBQ V Pulled Pork Sandwich BBQ Chicken Thighs Grilled Chicken Breast Δ Corn on the Cob VΔ Macaroni & Cheese* Olive Oil Whipped Potatoes VA
Veg-head Cannellini Beans AV
Cornbread* Marinara VA
Creamy Alfredo Sauce*
Spaghetti V Blueberry Pie V

DINNER

CAESAR CLUB SANDWICH LEMON ORZO SALAD FRITOS

Grilled Marinated Chicken Breast A Taco & Nacho Fiesta Balsamic Honey Roasted Vegetables Δ*
Collard Greens VΔ Spanish Rice VΔ
Steamed Fresh Vegetables VΔ
Lentils & Rice ΔV Marinara **AV** Shrimp Scampi Sauce Pasta V Garlic Breadsticks* Churros*

Grilled Lemon Chicken with Tomato Fennel Vinaigrette $oldsymbol{\Delta}$ Falafel with Tzatziki V Cod with Peperonata Δ Lentil Rice Pilaf VΔ Grand Atlas Couscous V Broccoli Rabe & Cherry Peppers VA Mediterranean Zucchini VΔ Maple Baked Beans ΔV Pita Bread V Marinara VA Penne Pasta V

Red Clam Sauce A

Cheesecake with Toppings