# ERDMAN DINING HALL Saturday 11/2 Sunday 11/3

\*= VEGETARIAN

V = VEGAN

A = PREPARED WHEAT
FREE
MENU MAY BE
SUBJECT TO CHANGE

## BRUNCH

CongeeΔVCongeeOatmeal VOatmeIced Carrot Loaf\*OatmeCrepe Bar\*WaffleButtermilk Biscuits\*ButtermilkPancakes\*ButtermilkHash Brown PattiesShredded PoHard Cooked Eggs Δ\*Shredded PoHard Cooked Eggs Δ\*SouthwSriracha Scrambled Eggs Δ\*SouthwPork Sausage Link ΔTurkey Bacon ΔTurkey Bacon ΔBreakfast Sausage VAssorted Bagels\*Doughnuts\*Yogurt Bar • Omelet BarFrench

#### CongeeAV Oatmeal V Chocolate Chip Muffins\* Waffle Bar Buttermilk Biscuits\* Raisin Bread\* Shredded Potatoes AV Hard Cooked Eggs A\* Southwest Scrambled Eggs A\* Turkey Sausage A Hickory Smoked Bacon A Breakfast Sausage V Bagels\* • Doughnuts\* French Toast\* Yogurt & Omelet Bar

## Monday 11/4 BREAKFAST

Oatmeal V Overnight Oats : Mango V Marble Loaf Bread<sup>\*</sup> Tater Tots Berry Pancakes<sup>\*</sup> Turkey Bacon Δ Breakfast Sausage VΔ Hard Cooked Eggs Δ<sup>\*</sup> Scrambled Eggs \*Δ Assorted Bagels<sup>\*</sup> Doughnuts<sup>\*</sup> Yogurt Bar • Omelet Bar

# LUNCH

Cheese Pizza\* Sausage Pepper Pizza Pasta Piccata V Baked Potato Chowder\* Mushroom Sesame Tofu Soup ΔV Grilled Chicken Breast Δ Black Bean & Corn Burger \* Sweet Potato Fries Sweet Yellow Corn ΔV Brown Rice V Asian Noodle Salad White Beans & Vegetables V Salad Bar • Deli Bar Selection of Cookies \* Chocolate, Strawberry Shortcake Parfait\*

GREEN GODDESS SANDWICH BROCCOLI SALAD SUPREME SUN CHIPS

## Tuesday 11/5 BREAKFAST

Oatmeal V Overnight Oats: Dried Fruit V Blueberry Muffins\* Shredded Potatoes AV French Toast \* Bacon A Breakfast Sausage AV Hard Cooked Eggs \*A Scrambled Eggs \*A Assorted Bagels\* Doughnuts\* Yogurt Bar • Omelet Bar

## LUNCH

Cheese Pizza\* Chicken Fajita Pizza Chicken Noodle Soup Spicy Bean Soup ΔV Meatball Sandwich Turkey Burger Δ Kale Burgers V Braised Black Beans ΔV Crinkle Cut French Fries Brown Rice ΔV Broccoli Florets ΔV Superfood Salad Salad Bar • Deli Bar Dark Fudge Brownies \* Candy Cake Parfait \*

Fresh to Go! EASTERN EUROPEAN TURKEY CLUB GERMAN POTATO SALAD POTATO CHIPS

#### DINNER

BRUNCH

Beef Marsala Curry Δ Tandoori Chicken Δ Indian Style Baked Tofu ΔV Lemony Rice ΔV Grilled Chicken Breast Δ Indian Fried Cabbage ΔV Curry Coconut Roasted Cauliflower ΔV Bean Gumbo VΔ Brown Rice VΔ Marinara ΔV • Farfalle V Bolognese Sauce Δ Garlic Breadsticks\* Cardamom Almond Rice Pudding\*

Honey Bourbon Ribs Buffalo Tofu Wings AV Fried Catfish with Tartar Sauce Grilled Chicken Breast A Roasted Broccoli AV Garlic Haricot Verts AV Mashed Potatoes AV Herbed Kidney Beans AV Steamed White Rice AV Garlic Breadsticks\* Marinara AV Bolognese Sauce A Farfalle V Sundae Bar

DINNER

#### DINNER

Stir-Fried Veggies ΔV General Tso's Chicken Sweet & Sour Mahi Mahi Grilled Chicken Breast Δ Sesame Napa Cabbage ΔV Kung Pao Tofu<sup>\*</sup> Fried Rice ΔV Jasmine Rice ΔV White Beans & Mushrooms ΔV Sesame Honey Bread? Marinara ΔV Farfalle V Creamy Blush Sauce Δ<sup>\*</sup> Angel Food Cake with

## DINNER

Chicken Fajita Beef Fajita Vegetable Fajita White Rice  $\Delta V$ Brown Rice  $\Delta V$  Black Beans  $\Delta V$ Pinto Beans  $\Delta V$  Guacamole  $\Delta V$ Tomato Salsa  $\Delta V$  Corn Salsa  $\Delta V$ Green Chili Salsa  $\Delta V$ Green Chili Salsa  $\Delta V$ Sour Cream \* $\Delta$ Shredded Cheddar \* $\Delta$ Queso Blanco \* $\Delta$ Chopped Romaine Tortilla Chips  $\Delta V$ Jalapeno Wrap V Gluten Free Wrap  $\Delta V$ Oreo Cream Pie\*

## Wednesday 11/6 BREAKFAST

Oatmeal V Overnight Oats : Chocolate Fudge V Banana Nut Loaf Bread\* Diced Potatoes Pancakes\* Italian Turkey Sausage Link Δ Breakfast Sausage ΔV Hard Cooked Eggs Δ\* Scrambled Eggs Δ\* Assorted Bagels\* Doughnuts\* Yogurt Bar • Omelet Bar

# LUNCH

Cheese Pizza\* Roasted Veggie Pizza\* Crab Bisque Vegetable Soup ΔV Grilled Turkey, Swiss & Sun-Dried Tomato Impossible Burgers VΔ White Bean Ratatouille VΔ Tavern Fries Haricots Vert ΔV Grilled Romaine Salad ΔV Pinto Beans VΔ Brown Rice ΔV Salad Bar • Deli Bar Selection of Cookies \* Really Dirty Dirt Pudding\*

## Fresh to Go

JALAPENO BBO BEEF SAND-WICH CREAMY COLE SLAW COOL RANCH DORITOS

#### DINNER

Shrimp Creole Pot Pie V Southern Fried Chicken Grilled Chicken Breast Δ Collard Greens ΔV Cut Corn ΔV Whipped Yukon Gold Potatoes Δ\* Cornbread\* Lentils & Rice ΔV Marinara ΔV Alfredo \* Shells V Garlic Breadsticks\* Turtle Cheesecake\*

## Thursday 11/7 BREAKFAST

Oatmeal V Overnight Oats : Pumpkin Oats V Oreo Muffins\* Home Fried Potatoes ΔV French Toast Sticks\* Bacon Δ Breakfast Sausage ΔV Hard Cooked Eggs Δ\* Scrambled Eggs Δ\* Assorted Bagels\* • Doughnuts\* Yogurt Bar • Omelet Bar

#### LUNCH

Cheese Pizza\* Margherita Pizza\* Texas Alarm (Beef) Chili Δ Tuscan Minestrone ΔV Crispy Chicken Tenders Kale Burger V Cheddar Mac & Cheese\* Sweet Potato Wedges ΔV Grilled Vegetables with Cilantro ΔV Navy Beans ΔV Brown Rice ΔV Salad Bar • Deli Bar Grilled Shrimp Salad Δ S'mores Mousse Parfait\* Rice Krispy Treats

Fresh to Go! CAESAR CLUB SANDWICH LEMON ORZO SALAD FRITOS

#### DINNER

Flank Steak Arrabiatta Δ Braised Calamari Δ Spinach & Basil Risotto Stuffed Peppers \* Grilled Chicken Breast Δ Grilled Vegetables VΔ Cauliflower & Chickpea Piccata V Olive Oil Pasta Parmesan, Chili & Garlic\* Veg-head Cannellini Beans ΔV Assorted Rolls\* Marinara ΔV Blush Sauce\* Shells V Gelato Affogato Δ\*

DINING SERVICES AT BRYN MAWR COLLEGE Friday 11/8 BREAKFAST

> Oatmeal V Overnight Oats :Dried Fruit\*

Iced Lemon Loaf\* Shredded Potatoes ΔV Chocolate Chip Pancakes\* Pork Sausage Links Δ Breakfast Sausage ΔV Hard Cooked Eggs Δ\* Scrambled Eggs Δ\* Assorted Bagels\* Doughnuts\* Yogurt Bar • Omelet Bar

#### LUNCH

Cheese Pizza\* Pepperoni Pizza Turkey Rice Soup Δ Meatball Tortellini Soup Cheese Ravioli with Artichokes & Roasted Tomatoes \* Beyond Italian Sausage & Peppers ΔV Beef Burgers Δ Roasted Vegetables ΔV Onion Rings Brown Rice ΔV Herbed Kidney Beans VΔ Italian Hoagie Salad with Oregano Vinaigrette Salad Bar • Deli Bar Selection of Cookies \* Salted Caramel Parfait Δ\* Fresh to Go! CHICKPEA SALAD SANDWICH BARLEY CORN SALAD PRETZELS

#### DINNER

Cajun Chicken Pasta Alfredo Crab Cakes Cajun Grilled Tofu ΔV Mississippi Mud Potatoes Δ Cajun Corn & Beans ΔV Brown Rice ΔV Fresh Vegetables ΔV Fried Green Beans Corn Bread \* Peanut Butter Chocolate Cake\*